



## Guide

### Contacts and institutions to turn to for help and support @ ZU

**First things first:** The Equal Opportunities Officers are available for confidential consultation and support to each and every ZU member in the first place. They listen to you and they decide together with you what steps can be taken next and where to turn to for advice and solutions. Here is an overview of possible first contact persons:

**Dr. Stephanie Nau**

ZF-Campus of ZU | Im Fallenbrunnen 3  
Room 0.45  
Mail to: [stephanie.nau@zu.de](mailto:stephanie.nau@zu.de)  
Phone: 07541/6009-1205

**Dr. Dennis Lichtenstein**

ZF-Campus of ZU | Im Fallenbrunnen 3  
Room 2.67  
Mail to: [dennis.lichtenstein@zu.de](mailto:dennis.lichtenstein@zu.de)  
Phone: 07541/6009-1335

**Katrin Staudinger** Mag phil

ZF-Campus of ZU | Im Fallenbrunnen 3  
Room 0.51  
Mail to: [katrin.staudinger@zu.de](mailto:katrin.staudinger@zu.de)  
Phone: 07541 / 6009-2014

This goes for any matter like, for instance, perceived discrimination, barrier-free campus buildings, sexual harassment, stalking, threatening or (sexual) violence, as well as any harming of the Equal Treatment Law (Allgemeines Gleichbehandlungsgesetz, AGG).

Independent from the Equal Opportunities Officers, there are further people and institutions you might want to contact as follows:

## ... for Students at the ZU

### ZU INTERNALLY

Matter	Contact Person	Contact
Any matter leading to psychological impairments during studies: Biographical, current and, of course, study-related problems	<b>Psychological Consultation</b> (Ms. Karin Tauber and Mr. Stefan Beisswingert)	Karin.Tauber@zu.de; Stefan.Beisswingert@zu.de;  Hours of consultation are possible at FAB Campus or at their office in Markdorf
Student Contact Person	<b>Student Vice President</b>	svp@zu.de
When looking for a student person of trust in the above named cases  (Student Representatives change every semester)	<b>Student Senators of ZU</b> or <b>Student Diversity Officer</b>	studentische-senatoren@zeppelin-university.net;  studdivb@zeppelin-university.net;
Gender & Equal Treatment	<b>AG Diversity: Student Equal Treatment Officer</b>	studdivb@zeppelin-university.net
Studying with little money / scholarship matters	<b>AG Diversity</b>	studdivb@zeppelin-university.net
Problems with accessing ZU campus buildings or seminar rooms (especially in terms of disabilities)	<b>In charge of a barrier-free campus</b>  <b>AG Diversity: Student in charge for a barrier-free campus</b>	Bernd Schulz: Bernd.Schulz@zu.de;  studdivb@zeppelin-university.net
Academic support for students facing impairments	<b>Equal Opportunities Officer</b> Mentoring & Coaching	Stephanie.Nau@zu.de or Dennis.Lichtenstein@zu.de
Compensation for disadvantages when facing impairments during studies	<b>Examination Office</b>	Katrin.Staudinger@zu.de; Sandra.Mai@zu.de

## ... in academia and management (Staff of ZU)

### ZU INTERNALLY

Matter	Contact Persons	Contact
Compatibility of job and family; working contract matters; perceived discrimination at the workplace; others	<p><b>HR Management</b> Stefanie Hartmann, Christine Geisler</p> <p><b>Workers' Council</b> betriebsrat@zu.de</p> <p><b>Deputy Equal Opportunities Officer</b></p>	<p>stefanie.hartmann@zu.de; christine.geisler@zu.de</p> <p>In charge: Iris.Nikolopoulos@zu.de;</p> <p>Katrin.Staudinger@zu.de</p>
Accessibility	<b>ZU-Staff</b>	Head of Facilities: Bernd.Schulz@zu.de
Commissions	<b>Equal Opportunities Officer</b>	Stephanie.Nau@zu.de; Dennis.Lichtenstein@zu.de
Search Committees		
Hiring Procedures		

## ... for every member of the ZU

In the following, you can find people and institutions outside of the ZU that you might want to turn to:

### ZU EXTERNALLY

Matter	Contact Persons	Contact
Women and families in need of help; domestic violence; Women and children in emergency situations; Stalking;	<b>Kreisjugendamt</b> (addressing young adults' and children's matters)	Phone: 07541 204-536
	<b>Frauen helfen Frauen e.V.</b> <i>(Women help women)</i>	Phone: 07541 21800
	<b>Polizeiliche Beratungsstelle</b> <i>(Consultation with the Police)</i>	Phone: 07541 701-1510
	<b>Officer in charge for women and families in the Lake Constance Region</b> Ms. Wäscher-Göggerle	Phone: 07541 204-5475 veronika.waescher-goeggerle@bodenseekreis.de

Help for victims of crimes and violence	<b>Weißer Ring e. V.</b>  <b>Lake Constance Region</b> Frau Martha Dauth	Phone: 116 006 (every day 7 am to 10 pm)  0151/55164771 weisser.ring.bodenseekreis@gmail.com
Help for women with children in emergency situations	<b>AWO Frauen- und Kinderschutzhaus</b> Shelter Home for Women and Children	Postfach 1105 88001 Friedrichshafen Tel.: 07541/4893627 frauenhaus@awo-bodenseekreis.de
Help for victims of abuse	<b>Morgenrot</b> Consultation in case of sexual abuse	Katharinenstraße 16, 88045 Friedrichshafen Tel.: 07541/3776400 <a href="mailto:info@beratungsstelle-morgenrot.de">info@beratungsstelle-morgenrot.de</a>
Help in case of domestic violence and other crimes against women	<b>Emergency phone violence against women</b>	Tel.: 08000116016 (any time)
Help with stalking experience	<b>Self-help Group Stalking</b>	Tel.: 07541/2045838 <a href="mailto:selbsthilfe@bodenseekreis.de">selbsthilfe@bodenseekreis.de</a>

Another overview and further contacts are presented here:

<https://www.friedrichshafen.de/rathaus-buergerdienste/egovernment/lebenslagen>